



Centre Name: Bennetto Community Centre
Address: 450 Hughson St N
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – SPRING 2024 – APRIL 1, 2024 – JUNE 30, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio, Balance and Strength (55+) 10:00am-11:00am \$2.50 per session	Open Gym (Parent and Tot) 10:30am-12:00pm	Basketball (18+) 7:30pm-9:00pm	Open Gym (Parent and Tot) 10:30am-12:00pm	Cardio, Balance and Strength (55+) 10:00am-11:00am \$2.50 per session	Open Gym (Family) 12:00pm-1:30pm FREE	<u>CLOSED</u>
Open Gym (9-12) 3:00pm-4:30pm			Pickleball (18+) 12:30pm-2:30pm	Open Gym (9-12) 5:15pm-6:45pm	Pickleball (18+) 1:45pm-3:45pm	
Open Gym (Family) 5:00pm-6:30pm			Pickleball (18+) 6:45pm-8:45pm	Open Gym (Family) 7:00pm-8:30pm		
Volleyball (18+) 6:45pm-8:45pm						

NOTES: Centre will be Closed April 1, 2024 (Easter Monday) and May 20, 2024 (Victoria Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.